

# Energy Networks Seminar Series 2017





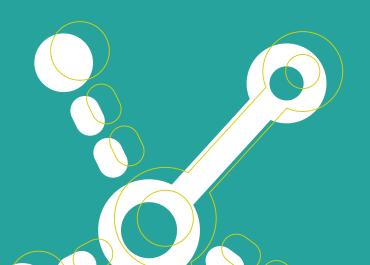




## **Mental Health & Wellbeing** Seminar 2017

**12 OCTOBER 2017 Theatrette State Library of Victoria** 328 Swanston Street Melbourne VIC 3000







# **Energy Networks**Seminar Series 2017

# PROGRAM

### Mental Health & Wellbeing Seminar 2017

FROM PREVENTION TO THRIVING: THE CUTTING EDGE OF MENTAL HEALTH IN THE WORKPLACE Dr Tom Nehmy, Director, Healthy Minds Program  MENTAL HEALTH LEADERSHIP  10:00am-10:20am BUSINESS RESILIENCE, EXECUTIVE LEADERSHIP, AND THE IMPORTANCE OF MENTAL HEALTH AND WELLBEING David Hall, Chief Financial Officer, Australia Pacific Airports Corporation  10:20am-10:40am CITIPOWER: JOURNEY TO BECOMING AN INDUSTRY LEADER IN MENTAL HEALTH TIM ROURKE, Chief Executive Officer, CitiPower, Powercor & United Energy  10:40am-11:15am MENTAL HEALTH LEADERS PANEL: MENTAL HEALTH LEADERSHIP DURING TIMES OF DISRUPTION AND CHANGE Dr Tom Nehmy, Director, Healthy Minds Program David Hall, Chief Financial Officer, Australia Pacific Airports Corporation TIM Rourke, Chief Executive Officer, CitiPower, Powercor & United Energy  11:15am-11:30am MORNING TEA POLICIES & RESPONSIBILITY  11:30am-11:50am VICTORIAN MENTAL HEALTH POLICY AND THE VITAL ROLE OF EMPLOYERS Victorian Government (invited)  11:50am-12:20pm BEST PRACTICE IN MENTAL HEALTH & WELLBEING: LEGAL CONSIDERATIONS 2017 Catherine Dunlop, Partner, Employment Safety & People, Maddocks  12:20pm-12:50pm SUPPORTING EMPLOYEES IN A HEALTHY WORKPLACE Electrical Trades Union (invited)  12:55PM-140PM LUNCH LUNCH LUNCH LYNOTE SPEAKER SPEAK UP! STAY CHATTY - IT'S OK TO NOT BE OK MITCH MCPherson, Founder, SPEAK UP! Stay ChatTY STRATEGY IMPLEMENTATION  THE VALUE OF ACTION - BENEFITS OF A GOOD MENTAL HEALTH & WELLBEING STRATEGY Patrice O'Brien, General Manager Engagement, beyondblue MICH MCPherson, Founder SPEAK UP! Stay ChatTY Patrice O'Brien, General Manager Engagement, beyondblue Mick Stephenson, Acting Chief Executive Officer, Ambulance Victoria  3:30PM-3:45 PM AFERNOON TEA MEASURING & MONITORING  3:45pm-4:05pm JEMEN'S DATA-BASED MENTAL HEALTH STRATEGY Roberto Garcia and Jessica Cranswick, Ernst & Young  ENERGY NETWORKS SUSTRALIA MENTAL HEALTH & WELLBEING STRATEGY Roberto Garcia and Jessica Cranswick, Ernst & Young	Mental Health & Wellbeing Seminar 2017			
Nino Ficca - Chairman, Energy Networks Australia  8:30am-10.00am  8:EYNOTE SPEAKER FROM PREVENTION TO THRIVING: THE CUTTING EDGE OF MENTAL HEALTH IN THE WORKPLACE Dr Tom Nohmy, Director, Healthy Minds Program  MENTAL HEALTH LEADERSHIP  10:00am-10:20am  8:USINESS RESILLENCE, EXECUTIVE LEADERSHIP, AND THE IMPORTANCE OF MENTAL HEALTH AND WELLBEING David Hall, Chief Financial Officer, Australia Pacific Airports Corporation  10:20am-10:40am  10:20am-10:40am  10:40am-11:15am  MENTAL HEALTH LEADERS PANEL: MENTAL HEALTH LEADERSHIP DURING TIMES OF DISRUPTION AND CHANGE Dr Tom Nohmy, Director, Healthy Minds Program David Hall, Chief Financial Officer, Australia Pacific Airports Corporation Tim Rourke, Chief Executive Officer, CitiPower, Powercor & United Energy  11:15am-11:50am  MORNING TEA  POLICIES & RESPONSIBILITY  11:30am-11:50am  VICTORIAN MENTAL HEALTH POLICY AND THE VITAL ROLE OF EMPLOYERS VIctorian Government (invited)  11:50am-12:20pm  BEST PRACTICE IN MENTAL HEALTH & WELLBEING: LEGAL CONSIDERATIONS 2017 Catherine Dunlop, Partner, Employment Safety & People, Maddocks  12:20pm-12:50pm  SUPPORTING EMPLOYEES IN A HEALTHY WORKPLACE Electrical Trades Union (invited)  12:55PM-140PM  LUNCH  LINCH  EVENOTE SPEAKER SPEAK UPI STAY CHAITY - IT'S OK TO NOT BE OK MItch McPherson, Founder, SPEAK UPI Stay Chait Y STRATEGY IMPLEMENTATION  THE VALUE OF ACTION - BENEFITS OF A GOOD MENTAL HEALTH & WELLBEING STRATEGY Patrice O'Brien, General Manager Engagement, beyondblue  MENTAL HEALTH FIRST FOR PARAMEDICS: AMBULANCE VICTORIA'S MENTAL HEALTH & WELLBEING STRATEGY 2016-2019 Mick Stephenson, Acting Chief Executive Officer, Ambulance Victoria  3:30PM-3:45 PM  AFERNOON TEA  MENTAL HEALTH FIRST FOR PARAMEDICS: AMBULANCE VICTORIA'S MENTAL HEALTH & WELLBEING STRATEGY Officer, Ambulance Victoria  3:45pm-4:35pm  JEMENS DATA-BASED MENTAL HEALTH STRATEGY Emma Peck, Health & Wellbeing Senior Analyst, Jemena  ENERGY NETWORKS AUSTRALLA MENTAL HEALTH WELLBEING STRATEGY Roberto Garcia and Jessica Cranswick, Ernst & Young  ENERGY NETWORK SAUSTRALLA	8:30AM-9:00AM	REGISTRATION AND COFFEE		
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Catherine Dunlop, Partner, Employment Safety & People, Maddocks  12:20pm-12:50pm SUPPORTING EMPLOYEES IN A HEALTHY WORKPLACE Electrical Trades Union (invited)  12:55PM-1:40PM LUNCH  1:40pm-2:10pm KEYNOTE SPEAKER SPEAK UP! STAY CHATTY - IT'S OK TO NOT BE OK Mitch McPherson, Founder, SPEAK UP! Stay ChatTY  STRATEGY IMPLEMENTATION  2:10pm-2:30pm THE VALUE OF ACTION - BENEFITS OF A GOOD MENTAL HEALTH & WELLBEING STRATEGY Patrice O'Brien, General Manager Engagement, beyondblue  2:30pm-2:50pm Mental Health First FOR PARAMEDICS: AMBULANCE VICTORIA'S MENTAL HEALTH & WELLBEING STRATEGY 2016-2019 Mick Stephenson, Acting Chief Executive Officer, Ambulance Victoria  2:50pm-3:30pm FACILITATED "TOWN HALL" PANEL DISCUSSION - THE CHALLENGES OF STRATEGY IMPLEMENTATION Mitch McPherson, Founder SPEAK UP! Stay ChatTY Patrice O'Brien, General Manager Engagement, beyondblue Mick Stephenson, Acting Chief Executive Officer, Ambulance Victoria  3:30PM-3:45 PM AFTERNOON TEA  MEASURING & MONITORING  3:45pm-4:05pm JEMENA'S DATA-BASED MENTAL HEALTH STRATEGY Emma Peck, Health & Wellbeing Senior Analyst, Jemena  4:05pm-4:35pm ENERGY NETWORKS AUSTRALIA MENTAL HEALTH & WELLBEING STRATEGY Roberto Garcia and Jessica Cranswick, Ernst & Young	11:30am-11:50am			
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	4:05pm-4:35pm	ENERGY NETWORKS AUSTRALIA MENTAL HEALTH & WELLBEING STRATEGY		
	4:35pm-4:55pm	ENA MENTAL HEALTH STRATEGY TEST DRIVE - FIRST USER EXPERIENCE, TIPS & TRICKS		

George Karlis, Manager Work Health Safety, SA Power Networks

Dr Stuart Johnston, Executive Director, Assets & Network Transformation,

**SEMINAR WRAP UP AND CLOSE** 

Energy Networks Australia

**REFRESHMENTS** 

4:55pm-5:00pm

5:00PM

**DELEGATE DETAILS** 

### **Mental Health & Wellbeing** Seminar 2017

# **Energy Networks**Seminar Series 2017









### Theatrette, State Library of Victoria 328 Swanston Street, Melbourne VIC 3000

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Phone	2:			
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